

AABHN PLAYING REGULATIONS

BOYS AND GIRLS SWIMMING

All coaches must be familiar with the content of the AABHN Constitution.

1. Length of Season – First day of school in September until OFSAA

2. Members/Team – Minimum 4 swimmers (no maximum)

3. League Structure – to be determined by the Convenor and Athletic Assistant in consultation with the coaches.

4. Championship Meet – a half day or full day meet (depending on entries) the date of the championship shall be at least one (1) week prior to CWOSSA meet.

5. Eligibility

All players must meet the eligibility criteria as outlined in Article 12 in the AABHN Constitution

6. Eligibility Lists

a) Submission

A completed and correct OFSAA Hub eligibility lists must be submitted to the convenor and Athletic Coordinators one week prior to the start of the regular season for each District. The names of all potential players and coaches, and managers and/or others affiliated with a team must be included on the OFSAA Hub eligibility list. Each eligibility list is to clearly identify the head coach.

b) Team Eligibility

i) a school team is defined as a team composed of a minimum of 4 members who train as a team for at least one (1) pool practice per week from September to March consecutive months from September to March under the direction of a coach.

ii) a coach is an OCT member employed by the board who is responsible for the team and is present at a majority of practices and all competitions. This may still allow for coaching assistance of a purely technical nature

iii) in the event of a lack of available pool time, a school can petition to be declared eligible under the signatures of the coach and principal.

iv) attendance at ten (10) practices is to be verified by the completion of a practice eligibility form by the coach and principal (as per OFSAA regulations).

d) Age Classification Eligibility

- i) Swimmers may participate only in the age classification in which they are registered beginning of the season.
- ii) Para Swimmers with an S14 classification are permitted to compete until the age of twenty-one (21) and shall be eligible for no more than seven (7) years from date of entry into grade 9.

e) Ineligible Player

No team, on which a swimmer has been deemed ineligible after the start of the meet (ie start of the first event) shall receive any team award, nor shall the team be scored in the overall standings. However, the remaining members of the team are eligible to receive individual awards.

7. Events and/or Classification

The AABHN Swimming Championship shall provide competition in the High School, Open divisions. Para swimmers will combine with the appropriate divisions for this meet. In the High School Division there shall be competition in two (2) age classifications: Junior and Senior.

Classification of swimmers is as follows:

Competition for boys and girls shall be conducted in the following divisions:

a) Para-Swimmer

All para-swimmers must have a classification provided by an OFSAA designated classifier to compete at the OFSAA Swimming Championship. All classification information can be found on the OFSAA Swimming Championship website.

Classifications for Para-swimming Competitors:

- S1-10 are for physical impairment;
- S11, S12, S13 are for visual impairment;
- S14 are for intellectual impairment;

NOTE: IPC charts will be used to score the S1-S14 categories.

b) High School Division

- i) A swimmer who exclusively trains with and competes with/for the high school and does not train or compete with/for any other aquatic program or program with an aquatic component.
- ii) A swimmer in grade nine is eligible who has ceased to train or compete with/for any other aquatic program or program with an aquatic component prior to the high school swim season.
- iii) A swimmer in grade ten or above is eligible who has ceased to train or compete with/for any other aquatic program or program with an aquatic component prior to the previous high school season.

c) Open Division

All other swimmers (i.e. not Para-swimmers or high school swimmers as defined above) who meet the eligibility requirements and who are bona fide members of the school team must compete in this division.

Note:

High school coaches who have swimmers participating in recreational or non-competitive swim programs may petition for eligibility in the High School Division through their Association Convenor to the Chairperson of the OFSAA Sport Advisory Committee for Swimming or designate. Applications must be received by December 31st. NOTE: All petitions that are approved will expire at the end of the school year and must be re-petitioned by December 31st annually.

Boys and Girls shall compete in the following events:

i) High School Division:

Senior Events

100 Metre Freestyle	100 Metre Backstroke
200 Metre Freestyle	100 Metre Breaststroke
100 Metre Individual Medley	200 Metre Freestyle Relay
50 Metre Freestyle	200 Metre Medley Relay
50 Metre Butterfly	

Junior Events

50 Metre Freestyle	100 Metre Freestyle
50 Metre Backstroke	100 Metre Individual Medley
50 Metre Breaststroke	200 Metre Freestyle Relay
50 Metre Butterfly	200 Metre Medley Relay

ii) Open Division

Open Events

200 Metre Individual Medley	200 Metre Freestyle
100 Metre Butterfly	100 Metre Breaststroke

100 Metre Backstroke	100 Metre Individual
Medley 100 Metre Freestyle	50 Metre Freestyle
400 Metre Freestyle Relay	200 Metre Medley Relay

iii) Para-swimming Division

For CWOSSA/OFSAA qualification, para swimmers shall compete in the following events, which will be mixed with the appropriate division

100 Metre Freestyle	50 Metre Freestyle
50 Metre Backstroke	

8. Meet Entries

- a) Entries will be accepted from bona fide high school coaches only by the assigned deadline in the meet package.
- b) In the event that a serious injury or other extenuating circumstances prevent a swimmer from complying with this regulation, an appeal by his/her coach may be made in writing to the AABHN Championship Convenor to allow said swimmer to be eligible to compete.
- c) Relays may be entered with no times.
- d) Swimmers may compete in a maximum of four (4) events. The fourth event must be a relay.
- e) Schools will be permitted to enter an unlimited number of swimmers in each event.
- f) Coaches will specify whether or not they are entering relay teams.
- g) Coaches do not have to declare swimmers who are swimming relays until the day of the championship.
- h) Coaches must hand in completed relay cards indicating the order of competitors to the clerk of the course before the start of the session (morning and afternoon respectively).
- i. Competitors can only swim in one (1) age category. Students may compete only in the age category or division in which they are registered.
- j) Exception: A junior will be permitted to swim in a senior relay without having to swim all events as senior.
- k) Competitors cannot swim the same event in more than one (1) division.

l) A Para-swimmer competitor who chooses to swim in the Para-swimming division may not swim in the corresponding event in the High School or the Open division. For the other events, however, he/she may swim in the High School division only or the Open division only.

m) For the Open relays, teams may consist of swimmers from the High School Division, the Open Division, or any combination thereof.

g) After the deadline for entries set by the Convenor only scratches will be accepted.

h) Unlimited entries are allowed in the GEPCAA Championship with the top twelve (12) swimmers to count in the point standings for each team.

9. Scoring for the AABHN Championship Meet

i. In all competing divisions, all competitors in each event will be eligible to count points for their school.

ii. Only the top twelve (12) places will score points after allowing for adjustments as in rule A.5h (SNC).

iii. Points will be as follows:

1st 10 points

2nd 7 points

3rd 5 points

4th 3 points

iv) All relay events will count double points.

v) A disqualified swim shall not be scored.

vi) Unless scratched the morning of the meet, a swimmer who misses an event will be considered a “no-show” which will result in a deduction of ten (10) points from the team score.

vii) Tie Breaking

a) According to SNC guidelines, ties are allowed in team standings or individual races.

b) In the case of a tie, the points for each place involved in the tie should be added together and divided equally among the tied competitors or teams.

c) In the case of a tie, all tied competitors or teams involved in would receive the higher standing.

viii) CWOSSA representatives will be determined from the AABHN Championship meet.

10. Officials

1. The Convenor/Athletic Assistant is responsible for selecting the necessary number of SNC, adult, and student officials to conduct the district meet.

2.

a) The following five (5) officials must be SNC-certified:

i. one (1) Referee - Level 3

ii. one (1) Starter - Level 2

iii. three (3) Strokes & Turns - Level 1

b) Head Lane Timers - one (1) per lane) may have Level 1 SNC certification, but it is not mandatory.

11. Defaults/Cancellations/Withdrawals- see Article 13 of the AABHN Constitution

12. Individual Age Category Awards

1. A medal is awarded to 1st place.

2. Overall Team Awards

a) An Annual Plaque will be awarded to the Overall Combined Champion (combination of all high school, open and PARA results)

13. Uniforms

1. Matching caps are required.

2. A swimmer may be permitted to wear swim suits that contradict the SNC guidelines for cultural, socio-economic, gender and or religious reasons at the discretion of the Convenor and

/or session referee prior to the start of the meet.

3. Student-athletes must remain fully clothed in the appropriate attire in the competition area, and use the designated locker room or change area to change to and from competition attire. Incidents of non-compliance shall be forwarded to the Competition Committee for resolution. This criteria must be met both on and in the immediate vicinity of the competitive area.

14. Order of Events

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| 1. Open Girls Medley Relay | 2. Open Boys Medley Relay |
| 3. Jr. Girls 200 Medley Relay | 4. Jr. Boys 200 Medley Relay |
| 5. Sr. Girls 200 Medley Relay | 6. Sr. Boys 200 Medley Relay |
| 7. Open Girls 200 Freestyle | 8. Open Boys 200 Freestyle |
| 9. Sr. Girls 200 Freestyle | 10. Sr. Boys 200 Freestyle |
| 11. Open Girls 50 Freestyle | 12. Open Boys 50 Freestyle |
| 13. Jr. Girls 50 Freestyle | 14. Jr. Boys 50 Freestyle |
| 15. Sr. Girls 50 Freestyle | 16. Sr. Boys 50 Freestyle |
| 17. Open Girls 100 IM | 18. Open Boys 100 IM |
| 19. Open Girls 200 IM | 20. Open Boys 200 IM |
| 21. Jr. Girls 100 IM | 22. Jr. Boys 100 IM |
| 23. Sr. Girls 100 IM | 24. Sr. Boys 100 IM |
| 25. Open Girls 100 Butterfly | 26. Open Boys 100 Butterfly |

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| 27. | Jr. Girls 50 Butterfly | 28. | Jr. Boys 50 Butterfly |
| 29. | Sr. Girls 50 Butterfly | 30. | Sr. Boys 50 Butterfly |
| 31. | Open Girls 100 Freestyle | 32. | Open Boys 100 Freestyle |
| 33. | Jr. Girls 100 Freestyle | 34. | Jr. Boys 100 Freestyle |
| 35. | Sr. Girls 100 Freestyle | 36. | Sr. Boys 100 Freestyle |
| 37. | Open Girls 100 Breaststroke | 38. | Open Boys 100 Breaststroke |
| 39. | Jr. Girls 100 Breaststroke | 40. | Jr. Boys 100 Breaststroke |
| 41. | Sr. Girls 100 Breaststroke | 42. | Sr. Boys 100 Breaststroke |
| 43. | Jr. Girls 50 backstroke | 44. | Jr. Boys 50 Backstroke |
| 45. | Sr. Girls 50 backstroke | 46. | Sr. Boys 50 Backstroke |
| 47. | Jr. Girls 50 Breaststroke | 48. | Jr. Boys 50 Breaststroke |
| 49. | Sr. Girls 50 Breaststroke | 50. | Sr. Boys 50 Breaststroke |
| 51. | Open Girls 100 Backstroke | 52. | Open Boys 100 Backstroke |
| 53. | Jr. Girls 100 Backstroke | 54. | Jr. Boys 100 Backstroke |
| 55. | Sr. Girls 100 backstroke | 56. | Sr. Boys 100 Backstroke |
| 57. | HS/Open Girls 400 Free Relay | 58. | HS/Open Boys 400 Free Relay |
| 59. | Jr. Girls 200 Free Relay | 60. | Jr. Boys 200 Free Relay |
| 61. | Sr. Girls 200 Free Relay | 62. | Sr. Boys 200 Free Relay |