

# **AABHN PLAYING REGULATIONS**

## **BOYS and GIRLS WRESTLING**

All coaches must be familiar with the content of the AABHN Constitution

1. **Start Date** - November 1
2. **Length of Season**: November 1 to OFSAA
3. **Competition Limits**: Individuals must compete in at least 1 meet to qualify for the AABHN Championships.
4. **Members per Team**: Unlimited

### **5. Eligibility**

All players must meet the eligibility criteria as outlined in Article 12 in the AABHN Constitution

### **6. Eligibility Lists**

#### **a) Submission**

A completed and correct OFSAA Hub eligibility lists must be submitted to the convenor and Athletic Coordinators one week prior to the start of the regular season for each District. The names of all potential players and coaches, and managers and/or others affiliated with a team must be included on the OFSAA Hub eligibility list. Each eligibility list is to clearly identify the head coach.

### **7. League Structure: None**

### **8. Championship Structure:**

- a. Officials doing any AABHN meet, must be certified with the OAWA.
- b. Scoring for team points
  - i. 1st - 10 points
  - ii. 2nd - 7
  - iii. 3rd - 5
  - iv. 4th - 3
- c. Weigh-ins - for 1 hour on designated day assigned by convenor prior to competition.
- d. Weight Classifications are as designated by OFSAA
- e. Seeding – to be submitted to convenor following weigh-ins.

**9. Playing Rules:**

- a. WCL with OFSAA modifications.