

AABHN PLAYING REGULATIONS

FOOTBALL

All coaches must be familiar with the content of the AABHN Constitution.

1. **Start Date** - First day of school in Sept. to OFSAA & 7 day training camp (first season after COVID) before school starts. Varsity league to start the first day of school.

2. **Length of Season** – Final to be completed one (1) week prior to the CWOSSA. (Not applicable for varsity league.)

3. **Competition Limits** - 15 games

4. **Members per Team** – The minimum roster is 18 dressed, Maximum of 56.

5. **Eligibility**

All players must meet the eligibility criteria as outlined in Article 12 in the AABHN Constitution.

No grade 9 students shall appear on an eligibility list or play on a **senior** team that is part of the AABHN CWOSSA Football league.

6. **Eligibility Lists**

A completed and correct AELS eligibility lists must be submitted to the convenor and Athletic Coordinators one week prior to the AABHN tournament for each District. The names of all potential players and coaches, and managers and/or others affiliated with a team must be included on the AELS eligibility list. Each eligibility list is to clearly identify the head coach.

7. **League Structure**

Junior CWOSSA League - Fall

Senior CWOSSA League - Fall

AABHN Varsity League - Fall

Junior AABHN Jamboree – Spring (Any school in the AABHN that did not field a junior team in the fall may participate. This junior development activity is three weeks of practice followed by a scrimmage event in early June.)

a. schedules to be determined based on number of teams participating in each league.

8. Championship Structure

In a 6 or more team league:

- a. Quarter finals: 3 vs 6, 4 vs 5
- b. Semi-Finals: 1 vs 4, 2 vs 3
- c. Varsity Structure League: 1 vs 4, 2 vs 3 (Semi Final); 5th and 6th play in a consolation bowl game.
- d. If there are fewer than 6 teams, coaches and convenor with approval of the executive, will determine playoff schedule.
- e. Finals: Junior/Senior double header to take place on the same day
- f. CWOSSA League - Quarter Finals and Semi Finals are to be played on a turf field. Varsity League – the home team will host Quarter Finals, Semi Finals and Finals.
- g. In both leagues if agreed upon by coaches and with ref contingency, then they could schedule the two games on the same day for safety and recovery.

9. Rules of the Game

- a. Canadian Rule Book for Amateur Football rules will be followed. 12-man per side football in the varsity league, a pivot to 10-man football is possible if numbers do not support a 12-man in September.
- b. Games will consist of 4, 12 minute quarters.
- c. Senior three downs, Junior four downs, Varsity three downs.
- d. Each athlete must have participated in 8 practices and must have been a part of the safe tackling training.
- e. That a coach that has been trained in safe contact – must be present for all tackling drills – must have a certified coach there.
- f. Tie breaker format CWOSSA League: 1) head to head by regular season standings 2) points against head to head 3) points against in league
- g. All major roughing and unsportsmanlike conduct to be recorded on the game sheet and game card. An incident report must be completed if a player or coach is ejected from the game. Incident reports to be filled out by refs and coaches if issue with ref.
- h. A minimum of 3 officials to be used for each game; 4 is preferred.

i. Only authorized personnel are to occupy the players' side of the field (suggest police to patrol during the finals).

j. Night games must have police supervision. Home team is responsible for ordering and paying for the police.

k. Game ball is provided by the home team (must be a brand new ball) and is an approved ball that is leather or composite (eg. OUA, USport, CFL)

l. EMS at all games, coaches to follow AABHN EMS Procedures-Appendix A

APPENDIX A: AABHN EMS PROCEDURES

1) Emergency Contact : Coaches/Teacher **MUST** bring their emergency contact information for the rostered players at each game.

2) Coach/Teacher - injury status at end of games: Centre line will re-iterate to our service providers to communicate injury status with coaches/teacher at the end of games; please advise teacher/coaches to check in with EMS as well before and at the END of games. They should be prepared to advise of any known medical conditions regarding the players. E.g. Diabetes, asthma, etc.

3) Emergency Action plans (EAP): we have one for the Wayne Gretzky Sports Centre site. Charge person is the EMS provider until ambulance arrives. Call person is typically a coach/teacher. Crowd control, typically an official or another coach. It is advised that AABHN should have an EAP for each venue games are being scheduled at and to be shared with the EMS provider and teacher/coaches. (Which includes information on the nearest medical facility.)

4) EVERY OSBIE form is sent to board via the School (Each school to have person responsible for this). No player that was injured leaves field without an adult with them. Parents must be notified. EMS must wrap up at end of game with a teacher/coach from each team. Teacher Advisors may access the field during an injury to supervise treatment of injured player and provide additional support.

5) Teacher/Coaches should be given instruction by EMS, if they should re-enter the game and when, if at all. The Head coach/teacher should receive this message.

m. Headset communication is permitted coach to coach as outlined by OFSAA.

n. Ties stand in regular season games. Overtime only applies to playoff games and will follow the Canadian Football shootout rules.

Varsity League: There are no ties in regular season. Shoot out format until a winner is declared.

o. In cases of inclement weather and games cannot be finished, half time scores will result in an official game.

10. Finances

Those schools having entries in the regular season will split EMS and Referee costs evenly. These fees will be paid by the Association. Field costs, lighting and police will be paid by the home team.

All playoff games costs will be covered by the Association. All gate revenues will go to the Association. Home teams are responsible for collecting gate fees.

Concession Booth: on a rotating basis. Gate duties for play-offs to be shared by all schools participating in the league.

Admission may be charged by the home team for regular season games played after 6pm at Gretzky/Kiwanis field to cover the cost of lights and police.

Admission prices to AABHN

Regular season: Adults \$3, Students \$2, Family \$5

Playoff games: Adults \$5, Students \$3, Family \$10

11. Awards

a) Team plaque for the league champions.